

Mississippi Countdown

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Description : 96 temps, 1 murs, Intermediaire Phrasée, Août 2021

Musique : One Mississippi – Kane Brown : (iTunes, amazon.com, amazon.co.uk, amazon.de)

Intro: 16 counts (about 9.5 seconds).

Sequence: ABC ABC AA- BC A (half). Phrasing is super-easy to hear in the track!

*****PART A*****

SECTION 1. CROSS, HITCH, CROSS, SIDE, BACK ROCK & SIDE STEP, SAILOR STEP

- 1,2 Step R forward across L (1); Lift L beside R calf turning toward 1:00 (2)
- 3,4 Step L across R (3); Step R side right squaring up to 12:00 (4)
- 5&6 Rock L behind R (5); Recover R (&), Step L side left (&)
- 7&8 Step R behind L (7); Step L side left and slightly forward (&), Step R forward side right (8)

SECTION 2. HEEL TAPS, REVERSE 1/2 PIVOT L, WIZARD (DOROTHY) STEP, LOCKING TRIPLE

- 1,2 Tap L heel forward (1); Tap L heel forward again (2)
- 3,4 Tap L toe back (3); Turn 1/2 left (6:00) taking weight L (4)
- 5,6& Step R diagonally forward (5); Lock step L behind R (6); Step R diagonally

forward (&)

7&8 Step L diagonally forward (7); Lock step R behind L (&); Step L diagonally forward (8)

SECTION 3. BODY ROLL FORWARD, TRIPLE 3/4 TURN R, HIP BUMPS, 3/4 TURN R STEPPING R-L

1,2 Rock R forward rolling upper body forward (1); Recover L rolling upper body back (2)

3&4 Turn 1/2 right (12:00) stepping R forward (3); Step L beside R (&); Step R forward 1/4 turn right (3:00) (4)

5&6 Touch L side left bumping hips left (5); Return hips to center (&); Bump hips left taking weight L (6)

7,8 Turn 1/2 right (9:00) stepping R side right (&); Turn 1/4 right (12:00) stepping L forward (8)

SECTION 4. ROCK FORWARD, RECOVER, TRIPLE 1/2 TURN R, FULL TURN R, CHASE 1/2 TURN R

1,2 Rock R forward (1); Recover L (2)

3&4 Turn 1/4 right (3:00) stepping R side right (3); Step L beside R (&); Turn 1/4 right (6:00) stepping R forward (4)

5,6 Turn 1/2 right (12:00) stepping L back (5); Turn 1/2 right (6:00) stepping R forward (6)

7&8 Step L forward (7); Pivot 1/2 right taking weight R (&); Step L forward (8)

*****PART B*****

SECTION 1. (REVERSE « S » SHAPE) CURVING WALK R-L, TRIPLE FORWARD, WALK L-R, TRIPLE FORWARD

1,2 Angling toward 11:00, step R forward across L (1); Step L forward (2)

3&4 Step R forward (3); Step L beside R squaring up to 12:00 (&); Step R forward toward 1:00 (4)

5,6 Angling toward 1:00, step L forward (5); Step R forward (6)

7&8 Step L forward (7); Step R beside L squaring up to 12:00 (&); Step L forward toward 11:00 (8)

SECTION 2. HEEL GRIND & HEEL GRIND TURNING 1/4 L, COASTER CROSS TURNING 1/4 L, CHASSÉ R

1,2 Dig R heel forward, toe in (1); Fan R toe out turning toward 1:00 (rotate on ball of L at same time) (2)

&3,4 Step R back (&); Dig L heel forward, toe in (3); Fan L toe out turning toward 9:00 (rotate on ball of R at same time) (4)

5&6 Step L back (5); Step R beside L (&); Step L forward turning 1/4 left (6:00) (6)

7&8 Step R side right (7); Step L beside R (&); Step R side right (8)

SECTION 3. (« S » SHAPE) CURVING WALK R-L, TRIPLE FORWARD, WALK L-R, TRIPLE FORWARD

1,2 Angling toward 7:00, step L forward (1); Step R forward (2)

- 3&4 Step L forward (3); Step R beside L squaring up to 6:00 (&); Step L forward toward 5:00 (4)
- 5,6 Angling toward 5:00, step R forward across L (5); Step L forward (6)
- 7&8 Step R forward (7); Step L beside R squaring up to 6:00 (&); Step R forward toward 7:00 (8)

SECTION 4. HEEL GRIND & HEEL GRIND TURNING 1/4 R, COASTER CROSS TURNING 1/4 R, CHASSÉ L

- 1,2 Dig L heel forward, toe in (1); Fan L toe out turning toward 7:00 (rotate on ball of R at same time (2)
- &3,4 Step L back (&); Dig R heel forward, toe in (3); Fan R toe out turning toward 9:00 (rotate on ball of L at same time (4)
- 5&6 Step R back (5); Step L beside R (&); Step R forward turning 1/4 right (12:00) (6)
- 7&8 Step L side left (7); Step R beside L (&); Step L side left (8)

*****PART C*****

SECTION 1. HIP BUMPS (3 SETS) TURNING 1/2 L, PADDLE TURN 1/4 L

- 1,2 Touch R forward bumping hips R-L-R, weight ending R (1&2)
- 3,4 Turn 1/4 left (9:00) and touch L side left bumping hips L-R-L, weight ending L (3&4)
- 5&6 Turn 1/4 left (6:00) and touch R side right bumping hips R-L-R, weight ending R (5&6)
- 7,8 Push ball of L side left turning 1/8 left (4:30) (7); Push ball of L side left turning 1/8 left (3:00) (8)

Styling option: Raise L fist in air and pump it twice during paddle turn

SECTION 2. SAILOR STEP TURNING 1/4 L, PIVOT 1/2 L, HITCH & SLIDE BACK, HITCH & SLIDE BACK

- 1&2 Step L behind R turning 1/4 left (12:00) (1); Step R side right (&); Step L forward side left (2)
- 3,4 Step R forward (3); Pivot 1/2 left taking weight L (4)
- 5&6 Hitch R knee (or low kick R forward) (5); Step R beside L (&); Slide L toe back (6)
- 7&8 Hitch L knee (or low kick L forward) (7); Step L beside R (&); Slide R toe back (8)

SECTION 3. HIP BUMPS (3 SETS) TURNING 1/2 L, PADDLE TURN 1/4 L

- 1,2 Touch R forward bumping hips R-L-R, weight ending R (1&2)
- 3,4 Turn 1/4 left (9:00) and touch L side left bumping hips L-R-L, weight ending L (3&4)
- 5&6 Turn 1/4 left (6:00) and touch R side right bumping hips R-L-R, weight ending R (5&6)
- 7,8 Push ball of L side left turning 1/8 left (4:30) (7); Push ball of L side left turning 1/8 left (3:00) (8)

Styling option: Raise L fist in air and pump it twice during paddle turn

SECTION 4. SAILOR STEP, PIVOT 1/2 L, HITCH & SLIDE BACK, HITCH & SLIDE BACK

1&2 Step L behind R turning 1/4 left (12:00) (1); Step R side right (&); Step L forward side left (2)

3,4 Step R forward (3); Pivot 1/2 left taking weight L (4)

5&6 Hitch R knee (or low kick R forward) (5); Step R beside L (&); Slide L toe back (6)

7&8 Hitch L knee (or low kick L forward) (7); Step L beside R (&); Slide R toe back (8)

BEGIN AGAIN AND ENJOY!

FINALE: The final A is only 16 counts. As the songs ends, perform an extended forward body roll. You'll be facing 6:00 when this happens.

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